


Risk Assessment Form – Covid-19 Pandemic Safe Operation of Activities V13

Reference:
RA 6.22

	Centre: All Facilities	Site Manager: All Managers	Implementation Date: 10 th Dec 2021
	Peron/s Carrying out RA: Paul Metcalfe	People at Risk: Team members, Customers, Contractors	

Additional Information: **This risk assessment is aimed at reducing the risk of contracting Covid-19 upon opening facilities post government lockdown.**

Existing task specific risk assessments and guidance provided by the government/Public Health England.

Government/Public Health England Advice: <https://www.gov.uk/coronavirus>

HSE Advice: www.hse.gov.uk/news/coronavirus.htm

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6.22.1	Keeping Up to Date with Official Guidance						
	Lack of up to date information regarding the virus.	Exposure to live virus resulting in contracting Coronavirus. Exacerbation of existing medical conditions.	High	Attendance at Covid-19 clinics, webinars and other CPD by SMT. Regular review of NGB Guidance Regulations and Guidance from UK Government implemented. Following advice and guidance from industry bodies such as CIMSPA, UK Active, RLSS, PWTAG. Reviewing Best Practice examples Covid-19 response team established (SMT) and meet regularly to share information and			Low

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				<p>feed into the risk assessment process.</p> <p>Director of Operations receives automatic updates from Gov.uk for changes to relevant legislation.</p> <p>CEO member of NCC BIMT.</p>			
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6.22.2	Activities - General						
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	<p>Possible transmission of Covid-19 from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Facility QR Code is displayed at the entrance to the building and all customers over the age of 16 are advised to check in via the NHS Covid App.</p> <p>Registers in place at Reception to take details of all visitors over the age of who are unable to register with QR code.</p> <p>Further QR codes are in various areas to prevent crowding at reception.</p> <p>Deep Clean of Floor, fixtures and fittings and all equipment undertaken prior to facilities re-opening.</p> <p>Where practical, hard to clean equipment has been removed.</p> <p>Chemicals used to sanitise hard surfaces and floors meet EN1276.</p>			Low
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				<p>Cleaning plan updated to ensure an increased cleaning regime in line with demand and footfall.</p> <p>Deep Clean and sanitisation of all areas at the end of the day.</p> <p>Control Measures that are in place to keep Team members and customers safe are displayed on social media channels and website.</p> <p>Control measures updated in line with legislative or NGB requirements.</p> <p>Customers displaying Covid-19 symptoms are asked to stay at home.</p> <p>Customers displaying symptoms in the facilities politely asked to isolate and return home.</p> <p>Most activities are required to be pre-booked and paid for in advance, either online, via the app or over the phone.</p> <p>Frontline Team members Pandemic Awareness Training delivered.</p> <p>Individual booking details are held on Gladstone, including name, contact number, activity booked and time of booking for test and trace.</p> <p>All visitors over 16 years of age are encouraged to scan the NHS</p>			
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				<p>QR code displayed within Facilities.</p> <p>Team members are encouraged to scan the NHS QR code when attending work and to sign into each venue they attend.</p> <p>Registration forms are available for users who are unable to scan the NHS QR code but wish to leave contact details.</p> <p>Details of customers who have pre-booked their activity are also recorded on booking sheets, to assist with test and trace.</p> <p>Team members and Customers are required to wear face coverings when they enter the building and when they are in public and circulation areas, such as reception, corridors, changing areas and spectating areas.</p> <p>Customers are required to wear face coverings for any close contact treatments (i.e. spa treatments on a face).</p>			
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6.22.3	Activities – Gym						
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	<p>Possible transmission of Covid-19 due from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	Medium	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p>			Low
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	<p>Spread of virus as a result of touching contaminated touch points / shared items.</p>			<p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>All participant details are held on Gladstone.</p> <p>Customers are required to wear a face covering whilst moving through the facility to attend or leave the gym but are not required to wear a covering whilst exercising.</p> <p>Gym instructors are encouraged to take a LFT test twice a week.</p> <p>Gym instructors are encouraged to wear a face mask on the gym floor when customers are present.</p> <p>Bookable sessions are on a rolling basis to allow for staggered access and exit.</p> <p>Both Members and Non-Members are required to be registered on the database for test and trace purposes.</p> <p>Prominent signage is displayed advising of cleaning requirements</p>			
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				<p>by customers before and after using any equipment.</p> <p>Personal towels may be permitted, and clear signage is displayed instructing customers to keep them on their person and not to use them for sitting on or for wiping down equipment.</p> <p>Hand sanitiser is available at the entrance to the gym and throughout the building.</p> <p>Sanitiser and paper toweling/sanitiser wipes are provided on a sanitisation station and prominent signage is displayed requesting customers to wipe equipment before and after use.</p> <p>Open topped bins located within the gym for disposal of wipes/roll.</p> <p>Team members check sanitiser levels frequently.</p> <p>Team members undertake cleaning of equipment throughout the day.</p> <p>Deep Cleaning takes place at the end of the day.</p> <p>Where possible, windows are opened to provide fresh air (where this does not compromise air handling)</p>	<p>Duty Manager and Fitness Manager to monitor cleaning sheets,</p>	<p>DM & FM – ongoing.</p>	

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				<p>Water Fountains that can be drank from are taken out of use.</p> <p>Customers may only fill up their own water bottles from water dispensers.</p> <p>Ventilation air exchanges per hour is increased.</p> <p>Maximum Gym capacity is based upon the number of machines available and a ventilation RA and reflected on the booking sheets.</p> <p>Gym Capacity</p> <p>Maximum Capacity in the Gym is recorded.</p> <p>Personal Consultations</p> <p>Where practical, programmes and Assessments should take place in a well-ventilated room.</p> <p>Where possible, windows are opened to provide fresh air (where this does not compromise air handling).</p> <p>Hand sanitiser should be available in the assessment room.</p> <p>Assessor and participant are both required to wash/ sanitise their hands before and after the assessment.</p>			

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				<p>Assessments offered virtually or completed over the phone where possible.</p> <p>Tablets used for data collection will be cleaned and sanitised before and after use.</p> <p>Instructor and participant are required to wear face coverings throughout the consultation/ assessment.</p> <p>Where assessment measures include contact with equipment (i.e. blood pressure, weight), measurement tools will be sanitised before and after use.</p>			
6.22.4	Studios and Group Exercise Classes						
	<p>Possible transmission of Covid-19 due from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points / shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Contactless payment is encouraged.</p>			Medium

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				<p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>All participant details are held on Gladstone.</p> <p>Customers are required to wear a face covering whilst moving through the facility to attend or leave studios/exercise area but are not required to wear a covering whilst exercising.</p> <p>Instructors are encouraged to take a LFT test twice a week.</p> <p>Where practical, cleaning is undertaken between classes.</p> <p>Both Members and Non-Members are required to be registered on the database for test and trace purposes.</p> <p>Prominent signage is displayed advising of cleaning requirements by customers before and after using any equipment.</p> <p>Hand sanitiser is available at the entrance to the studio and throughout the building.</p> <p>Virtual class sessions shall be programmed, where practical.</p> <p>Capacity of each class is calculated based upon a ventilation risk assessment,</p>			

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				<p>square area of the space and the type of class delivered.</p> <p>Sports Halls are considered for delivering exercise to music classes, due to the increased space available to safely increase numbers and increased ventilation.</p> <p>Personal towels are allowed but that these must be kept on their person and not to be used for sitting on mats or for wiping down mats or equipment. Prominent signage within the studios to reinforce this message.</p> <p>Customers are encouraged to bring their own mats.</p> <p>Where practical, windows are open to aid with ventilation of the studios, providing that it does not interfere with the operation of air handling units.</p> <p>Sufficient sanitising stations are available within studios (1 station to 15 customers), consisting of anti-virucidal spray bottles and blue roll or disposable antibacterial wipes.</p> <p>Open topped bins are located next to each sanitisation station, containing black bin bags, that are emptied frequently, at the end of each day as a minimum.</p>			

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				<p>Fitness Instructor to arrange for cleaning equipment to be topped up when required.</p> <p>Drinks fountains, other than dispensers which can only be used to dispense into water bottles, are removed or isolated.</p> <p>Area is cleaned at the end of each day, in line with the cleaning plan (CLP1).</p> <p>Instructors advised not to share headsets.</p> <p>Individual headsets provided to contracted instructors.</p> <p>Casual Fitness instructors to provide their own headsets.</p> <p>Fitness Instructor cleans the music system after use, using antibacterial wipes..</p>			
6.22.5	Sports Halls and Courts						
	<p>Possible transmission of Covid-19 from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points / shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p>			Low

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				<p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>All bookee details are held on Gladstone.</p> <p>Customers are required to wear a face covering whilst moving through the facility to attend or leave the halls and courts but are not required to wear a covering whilst exercising.</p> <p>NGB guidance is followed where Government guidance is generic.</p> <p>Clubs are able to return to full training but are required to provide an up-to-date risk assessment.</p> <p>Sports Hall can be used to deliver group exercise classes, given the larger space and increased ventilation in the area.</p> <p>Team members to wash their hands before and after handling equipment.</p> <p>Team members required to wear a face covering where two people are required to set up a piece of equipment.</p> <p>Hand sanitiser is available at the entrance to the sports hall.</p>			
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				<p>Where Group Exercise classes take place in sports hall, refer to RA 6.22.4.</p> <p>Where practical, touch points are cleaned between session and a deep clean is undertaken at the end of each day, in line with the cleaning plan (CLP1)</p> <p>Clubs to operate within NGB guidance and AN Procedures.</p> <p>Ventilation air exchange per hour is increased.</p>			
6.22.6	Swimming Pools and Changing Rooms						
	<p>Possible transmission of Covid-19 from person to person</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Bookable sessions are on a rolling basis to allow for staggered access and exit to reduce numbers in changing areas at any one time.</p> <p>Swim for all sessions shall be for 60 minutes, bookable every 20 minutes.</p>			Low

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				<p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>Customers are required to wear a face covering whilst moving through the facility.</p> <p>Lifeguards are encouraged to take a LFD test twice a week.</p> <p>Signage is displayed asking customers to respect social distancing in changing areas.</p> <p>Showers are open for pre and post swim use.</p> <p>Hand sanitiser is available at the entrance to the pool changing rooms and throughout the building.</p> <p>Parents of children in swimming lessons are required to wear a face covering in the changing rooms.</p> <p>Cleaning plan updated to ensure an increased cleaning regime throughout the day and at the end of the day.</p> <p>Maximum bather load is based upon lifeguard to user ratios and number of changing cubicles available, allowing for a tolerance</p>			

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				<p>of families changing in one cubicle.</p> <p>Maximum bather load to be recorded and NOP updated.</p> <p>General Manager to programme swimming pool sessions around demand and the nature of the swimming pool.</p> <p>Laned sessions can still be scheduled as part of the programme and are encouraged to remain in place at traditional swimming pools.</p> <p>Lanes may be inserted into open sessions, at the request of customers, depending upon the numbers and type of swimmers in the pool at the time.</p> <p>Where lane sessions are operating, families or recreational swimmers shall not enter the lanes, unless a lane is completely free.</p> <p>Studio and teaching pools can be opened for public use but are to be included in the overall maximum bather load of each session.</p> <p>Due to the nature of lane swimming, access shall be to children aged 14 and over only, unless a member of a swimming club or accompanied by a responsible adult in the same swim lane.</p>			
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				<p>Hand sanitiser unit is available at the entrance to the building and at the entrance to the pool changing rooms.</p> <p>Accessible and Family change is available.</p> <p>Electric hand dryers or paper towels are available for hand drying.</p> <p>Water fountains are taken out of use.</p> <p>Customers may only fill up their own water bottles from water dispensers.</p> <p>Flumes may operate with enhanced cleaning implemented on key touch points.</p> <p>Water features may operate with enhanced cleaning implemented on key touch points.</p> <p>Lifeguards are advised to wear PPE (basic face masks and disposable gloves) when assisting individuals on and off pool hoists.</p> <p>Team members wash hands following the removal of gloves.</p> <p>Pool water is maintained in accordance with PWTAG guidance.</p> <p>Lifeguard training to include advice that they do not help customers</p>			
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				<p>with putting on hats or adjusting goggles.</p> <p>Team members provided with training in relation to new protocols</p> <p>Lane Swim Sessions</p> <p>Lane width and capacity shall be in line with Swim England guidance.</p> <p>Studio / Teaching Pools</p> <p>Can be open during public sessions depending upon lifeguard numbers but overall capacity of the pool hall cannot be increased.</p> <p>Aquafit sessions can operate in line with guidance of 3m² per person and changing room capacity.</p> <p>Leisure Pools</p> <p>Leisure Pools can open with no lane restrictions in place and capacity based upon maximum bather load as above.</p> <p>Sauna and Steam Rooms</p> <p>Independent sauna/steam cabins located on the poolside shall remain closed.</p> <p>Swimming Lessons</p> <p>See Separate RA</p>			
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				<p>Club Hire</p> <p>Clubs can book areas once a suitable risk assessment has been approved by Executive Management and they agree to control measures as contained within site Risk assessments.</p> <p>Risk assessments to follow full NGB guidance.</p> <p>Aqua Based Fitness</p> <p>Aquafit sessions can operate in line with guidance of 3m2 per person and changing room capacity.</p> <p>Lifeguard Rescue</p> <p>Rescue procedures revised in conjunction with RLSS guidance to minimise contact with casualties.</p> <p>All lifeguards shall be fully trained in new procedures prior to opening.</p> <p>All training shall be recorded</p> <p>Lifeguard Equipment</p> <p>Handrails and seats to be disinfected every rotation.</p> <p>No rescue equipment to be handheld but is located next to lifeguard positions.</p>			

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				<p>Lifesaving equipment disinfected after use.</p> <p>Two Way Radios disinfected between users and at the start and of each shift using anti-bacterial wipes.</p> <p>Spectators</p> <p>Spectating areas open, all Spectators are required to wear a face covering.</p>			
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6.22.7	Health Suites and Spas						
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	<p>Possible transmission of Covid-19 from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Bookable sessions are on a rolling basis to allow for staggered access and exit.</p> <p>Contactless payment is encouraged.</p>			Low
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				<p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>Only dedicated spa areas to open.</p> <p>Poolside saunas remain closed.</p> <p>Customers are required to wear a face covering when moving through the facility.</p> <p>Sessions shall be for both members and non-members.</p> <p>All key touch points are sanitised on a regular basis in line with cleaning plan, using an anti-virucidal chemical.</p> <p>Hand sanitiser unit is available at the entrance to the building and at the entrance to the spa changing rooms.</p> <p>Prominent signage is displayed encouraging customers to pre-shower before entering the spa.</p> <p>Drinks fountains, other than dispensers which can only be used to dispense into water bottles, are removed or isolated.</p> <p>Area is deep cleaned at the end of every day in line with cleaning policy CLP1</p>			

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6.22.8	Soft Play Areas						
	<p>Possible transmission of Covid-19 from person to person contact.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>All public sessions shall be for 60 minutes, with a break in between each session to allow for cleaning of the play frame and tables and chairs.</p> <p>Ball Ponds are to remain closed.</p> <p>Enhanced cleaning of identified touch points.</p> <p>The whole area is to be deep cleaned after the last session of the day.</p> <p>Customers are required to wear face coverings at all times, except when eating or drinking at a table.</p>			Low

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				<p>Customers sitting at a table and not eating or drinking are required to wear a face covering.</p> <p>Hand sanitisers shall be available on entrance to the facility and prior to entering the soft play area.</p> <p>All shoes are to be removed and hands sanitised before entering the structure.</p> <p>Adults should be discouraged from entering the structure, unless their child is in distress.</p> <p>Adults entering the structure are advised to wear a face covering.</p>			
6.22.9	Clip and Climb						
	<p>Possible transmission of Covid-19 from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p>			Low

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				<p>Customers are required to wear a face covering whilst moving through the facility and when spectating.</p> <p>Spectators are not required to wear a face covering if they are sitting at a table eating and drinking.</p> <p>Spectators are required to wear a face covering if they are sitting at a table and not eating or drinking.</p> <p>Sessions shall be for 60 minutes, with a break in between to allow for cleaning and sanitising of equipment.</p> <p>Auto billet installed to minimise contact between Team members and climbers.</p> <p>SSOW updated to reflect auto billet installation.</p> <p>Team members are encouraged to undertake LFT twice a week.</p> <p>Team members are required to wear a face covering when supervising the activity.</p> <p>Team members to wear PPE when undertaking a rescue from a wall (basic face mask & disposable gloves).</p> <p>Customers advised to arrive activity ready, where possible.</p>			
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				<p>Team members provided with training in relation to new protocols</p> <p>Where practical, equipment is sanitised after each use.</p> <p>Hand sanitiser is available on entry to the building and at the entrance door to the area.</p> <p>At least one sanitisation station is within the climbing area, consisting of antibacterial wipes, anti-virucidal cleaner and cloths</p> <p>Prominent signs request that climbers sanitise hands after every climb.</p> <p>Open topped bins available for disposal of used wipes.</p> <p>Equipment is sanitised after every session.</p>			
6.22.10	Ten Pin Bowling						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items.</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p>			Low

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				<p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>Customers are required to wear a face covering whilst moving through the facility and when bowling.</p> <p>Customers are not required to wear a face mask when sitting at a table eating or drinking.</p> <p>Disposable gloves are available for any customers feeling safer using these.</p> <p>Each lane is allocated it's own selection of balls.</p> <p>Each lane has its own sanitisation pack, to consist of either disposable anti-bacterial wipes or anti-virucidal spray and blue roll and hand gel.</p> <p>Balls and tables are cleaned and sanitised between sessions.</p> <p>QR code is displayed on entry to the Bowling Alley and that registers are available to record all visitors, should they not be able to scan the QR code.</p> <p>Hand sanitiser is available on entry to the bowling hall.</p>			
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Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
				<p>Participants are encouraged to bring their own non-marking footwear, but bowling shoes are available for those who don't.</p> <p>Hire shoes are sanitised after use.</p> <p>Bowling Team members behind the counter are protected by a Perspex screen.</p> <p>Sufficient open topped bins are available for disposal of used wipes and that bins are to have bin bag inserts and emptied, at the latest, at the end of every shift and placed in collection bins.</p> <p>Team members undertaking maintenance are required to wear a face covering in the public area.</p> <p>Team members to wash hands after undertaking maintenance.</p> <p>Where possible, food and drink should be ordered from tables or bowling lanes.</p> <p>Food and drinks should be served at tables on a tray.</p> <p>Food and drink can be purchased at the bar, but customers are encouraged to order from tables and should be advised that food and drinks will be served to their table.</p>			

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				<p>Customers are encouraged to return to their table after ordering at the bar.</p> <p>Payment shall be made at the lane/table via Card only and Team members shall take the PDQ machine to the customer.</p> <p>When moving away from the protective Perspex screen, Team members are required to wear a face covering.</p> <p>Team members to wash hands prior to delivering and after delivering the food.</p> <p>Food should be served on washable plates.</p> <p>All cutlery and crockery to be placed immediately in the dishwasher and Team members to wash hands afterwards.</p>			
6.22.11	Bouldering Walls						
	<p>Possible transmission of Covid-19 from person to person.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p>			Low

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
				<p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>Customers are required to wear a face covering whilst moving through the facility, but not when climbing.</p>			
6.22.12	Indoor Carpet Bowls						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are encouraged to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, or by phone.</p> <p>Customers may walk in and book and pay but can only enter a session if there is space available.</p> <p>Contactless payment is encouraged.</p> <p>Customers over the age of 16 are encouraged to register their visit by scanning the NHS QR code.</p> <p>Customers are required to wear a face covering whilst moving through the facility, although personal choice when bowling.</p>			Low

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
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				<p>Hand sanitiser is available on entry to the building and at the entrance door to the bowling hall.</p> <p>Club Hire</p> <p>Clubs will only be able to access areas once a suitable risk assessment has been approved by Senior Management and they agree to control measures as contained within site Risk assessments.</p> <p>Risk assessments to follow full NGB guidance.</p>			
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6.21.13	3G Pitches						
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	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are required to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers over the age of 16 are required to register their visit by scanning the NHS QR code.</p> <p>Where visitor details (over 16 years of age) are not held on Gladstone, and customers are unable to use the QR code, contact details are provided on a visitor register.</p> <p>Register includes the time of arrival and name of booking.</p>			Low
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				<p>3G Pitches shall only operate with permission of schools where they are based on school sites.</p> <p>Clubs will only be able to access areas once a risk assessment has been submitted.</p> <p>Team members to open entrance gates at the start of each session and close at the end of the day.</p> <p>Access gates and locks to be sanitised before and at the end of each session.</p> <p>Goal Posts and corner flags sanitised before and after each session and in between each club booking.</p> <p>Changing rooms should be cleaned and sanitised after use.</p>			
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6.22.14	Athletic Tracks and Areas						
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	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>England Athletics advise that there is no size limit to groups participating in outdoor athletics.</p> <p>However, it is recommended that coach / leader to athlete / runner ratio is 1:12 for all settings for all age groups. To be clear for coaches and leader activity, for every 12 runners or athletes in a group at any age group there needs to be at least one coach or leader in place.</p>			Low
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				<p>Pole vault and High Jump areas are cleaned and sanitised after each group.</p> <p>The landing pit for the long and triple jump is fully cleaned by turning and raking of the sand before and after each group, and rake between individual athlete/user.</p> <p>Athletics training sessions are paid in advance and bookable online and by telephone.</p> <p>Where practical, entrance to an athletics track is via an outdoor entrance.</p> <p>Hand sanitiser is available on entrance to athletics areas where entrance is through a building.</p> <p>Prominent signage is displayed reminding of social distancing guidelines and hygiene.</p> <p>Sanitising station is available for customers to wipe down athletics equipment and notices are displayed encouraging use.</p> <p>Only Team members to set up and put away equipment.</p> <p>Equipment is sanitised pre and post use by Team members.</p> <p>Team members wash their hands after handling athletics equipment.</p>			
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Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
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6.22.15	Meeting Rooms						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Participants attending a meeting are required to wear a face covering when in public areas and are encouraged to wear a face covering within the meeting room</p> <p>All internal meetings to be held virtually in the first instance.</p> <p>Where practical, meetings are conducted in a room where windows provide additional ventilation.</p> <p>Where practical, meeting room layout is set to encourage social distancing.</p> <p>Hand sanitiser is available on entry to the building and at key areas.</p> <p>Where projection equipment is to be used, sanitisation wipes should be made available and only used by one person.</p> <p>Open topped bins to be available for disposal of used wipes.</p> <p>All waste bins to have bin bag inserts and bagged at the end of every shift and placed in collection bins.</p>			Low

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
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6.22.16	Shared Services and Spaces						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Shared service areas identified, and facility risk assessments shared with Service Managers.</p> <p>Access routes to shared service areas reviewed to reduce congestion within corridors.</p> <p>Share AN risk assessment with Service Managers in order that they adhere to our requirements.</p> <p>Shared services adhere to the operating plan of the facility.</p> <p>Shared Service Managers ensure that areas are frequently cleaned.</p>			Low
6.22.17	Food and Beverage						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are required to wear a face covering when moving through the building, but not when eating or drinking at a table.</p> <p>Customers who are not eating or drinking at a table are required to wear a face covering, unless exempt.</p> <p>Team members should serve from behind the protective screens that are installed at serving points.</p> <p>Team members moving from behind the counter into the seating</p>			Low

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
				<p>area are required to wear a face covering.</p> <p>All customers aged over 16 to use the NHS QR code on entry to the food and beverage area.</p> <p>Where customers are unable to use the QR code, contact details are provided on a visitors register.</p> <p>Register include the time of arrival if the area is not bookable.</p> <p>Hand sanitiser is available on entry to the food and beverage area.</p> <p>Member of Team are encouraged to take orders at the point of arrival.</p> <p>Where food and drink has been ordered and has to be delivered to a table, team members should serve on a tray and place the tray on the table to minimise close contact with the customers.</p> <p>Team members to wear a face covering when not behind protective screen.</p> <p>Cutlery and condiments to be taken at the same time.</p> <p>Team members to wash hands prior to delivering and after delivering the food.</p>			

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
				<p>Food should be served on washable plates.</p> <p>Team members should advise customers to leave any used dishes in situ and Team members will collect once customers vacate the table/area.</p> <p>Contactless payment is encouraged.</p> <p>All cutlery and crockery to be placed immediately in the dishwasher and Team members to wash hands afterwards.</p> <p>Tables and chairs to be cleaned and sanitised upon customers leaving.</p> <p>Area to be given a deep clean at the end of the day.</p>			
6.22.18	Commercial Kitchen Areas						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Area to be deep cleaned prior to opening.</p> <p>Legionella checks to be undertaken prior to opening.</p> <p>Kitchens continue to be cleaned on a regular basis, as per normal cleaning requirements. but should be subject to an extra clean at the end of each day.</p>			Low

Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
				<p>Additional cleaning of critical touch points take place on an enhanced basis.</p> <p>Kitchen equipment and utensils are not to be shared and should be placed in the dishwasher once an individual has finished with it.</p> <p>Dishwashers operate at a minimum of 60C</p>			
6.22.19	Changing Rooms, Showers and Toilets						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Changing rooms are subject to enhanced cleaning and sanitisation regimes.</p> <p>Changing rooms with poor ventilation remain closed, although changing areas are made available for customers with a disability.</p> <p>Accessible and family change is available.</p> <p>Electric hand dryers or paper towels are available for hand drying.</p> <p>Cleaning schedule is followed to ensure all areas are cleaned and sanitised regularly.</p> <p>Changing rooms and toilets are regularly checked throughout the day.</p>			Low

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				Hand sanitiser is available at the entrance to the changing rooms.			
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6.22.20	Horse Riding Arenas (Pegasus)						
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	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Lessons available for both able bodies and disabled clients.</p> <p>All lessons are pre-booked.</p> <p>QR code displayed to record visits for test and trace purposes.</p> <p>Hand sanitiser is available at the entry to the stable.</p> <p>Emergency Action Plan in place for customers attending liveries and hurting themselves.</p> <p>Face coverings to be worn by all customers in the office, unless exempt.</p>			Low
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6.22.21	Tranquility Spa Treatments						
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	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are required to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, or by phone.</p> <p>Customers over the age of 16 are required to register their visit by scanning the NHS QR code.</p>			Low
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	<p>Spread of virus as a result of touching contaminated touch points/shared items</p> <p>Spread of virus as a result of using shared equipment.</p>			<p>Contact details of all participants are held on Gladstone as a registered user.</p> <p>Therapists are encouraged to take two LFT a week.</p> <p>Only 2 spa therapists work in the area at any one time.</p> <p>Spa therapists to work in one room for the duration of their shift.</p> <p>Spa therapist to undertake clean of room and equipment used after each session and a deep clean of the room and equipment at the end of each shift.</p> <p>Workspaces to be cleared at the end of each shift and belongings removed.</p> <p>Reusable equipment, including client chairs, treatment beds, and equipment, are sanitised after each appointment, and at the start and end of shifts.</p> <p>Nail treatments to be undertaken in a separate area and protective screen placed on the table between therapist and client.</p> <p>Sinks are available in treatment rooms to allow Team members to wash their hands frequently.</p> <p>Customers screened prior to arrival for Covid-19 symptoms</p>			
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				<p>All bookings record user details, ensuring that contact details are taken for non-members to allow for track and trace.</p> <p>15 Minutes cleaning time to be added to each booking, to allow for cleaning and sanitisation of area and equipment after each treatment.</p> <p>Team members ensure that they wear clean uniform every day, ensuring that it is appropriately washed between use.</p> <p>Clients to be met at the entrance of the building and brought into the spa area by the therapist.</p> <p>Clients and therapists are required to wear face coverings at all times, unless exempt, including during the treatment.</p> <p>Hand sanitiser to be used on the way into the building,</p> <p>Hand sanitiser available in each treatment room.</p> <p>Only water to be consumed by clients during treatments in a disposable cup or bottle.</p> <p>Blue roll provided in each room for clients to dry hands as opposed to using towels.</p>			
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Ref No.	List Hazards	Risks	Initial Rating (L,M,H)	Current Control Measures	Action Required to Reduce Risks	By Who & By When	Final Rating (L,M,H)
				<p>Team members wear full face visors and type 2 face mask when delivering treatments, where protective screens cannot be used.</p> <p>Face Visors are reusable and sanitised after every treatment.</p> <p>Face visors appropriately stored.</p> <p>Where towels are used as part of a treatment, they are replaced after every treatment.</p> <p>Towels are washed as soon as possible after use, daily as a minimum and washed at 60C.</p> <p>Where practical, disposable equipment is used to assist with treatments.</p>			
6.22.22	Blyth Beach Huts						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Beach huts available to access for long term lets only.</p> <p>Information provided to users to inform them of rule of six regulations.</p> <p>Rentals to provide own hand sanitiser and are responsible for disinfecting their hut.</p>			Low

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6.22.23	Dave Stephens Centre						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Kiosk allowed to operate and must provide own risk assessment to Senior Executive Team for approval.</p> <p>Internal cafe to remain closed. .</p> <p>Deep Clean of Floor and all hard surfaces undertaken prior to opening.</p> <p>Chemicals used to sanitise hard surfaces and floors meet EN1276.</p> <p>Increased cleaning of public toilets to a minimum of three deep cleans a day.</p> <p>Team members shifts reorganised to ensure sufficient cleans are undertaken during opening hours.</p> <p>Hand sanitiser unit is available at the entrance to the toilet block.</p> <p>block is based upon one person hygiene requirements,</p> <p>Attendant to undertake cleaning in line with revised cleaning requirements and wearing of PPE, particularly when using a hosepipe.</p>			Low

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				PPE provided for attendant and training given as to how and when it should be worn			
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6.22.24	Learn 2 Swim Scheme						
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	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Spectators over the age of 16 scan the NHS QR code or are registered at reception where they are unable to.</p> <p>Spectators are required to wear a face covering at all times when in the building, unless exempt.</p> <p>This includes changing villages and whilst spectating, unless sitting at table eating or drinking.</p> <p>Activity starting times are staggered to try and avoid pinch points at reception.</p> <p>Hand sanitising stations are located at the entrance to the facility and all customers should sanitise their hands on entry.</p> <p>Customers should not arrive at the facility more than 10 minutes before the start time of their lesson.</p> <p>Participants will be met by swimming instructors and taken to the relevant changing point on the poolside.</p>			Low
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				<p>Registers are taken on the poolside on the learn 2 portal, which contains contact information for test and trace.</p> <p>Changing and Toilets</p> <p>Swimmers are encouraged to arrive swim ready, although changing rooms and cubicles are available.</p> <p>Showers and changing cubicles will be available post swimming.</p> <p>Spectating</p> <p>Spectators are required to wear a face covering whilst sitting on a balcony, unless exempt.</p> <p>Spectators sitting at a table with food or drink are not required to wear a face covering.</p> <p>Entry to Pool Hall</p> <p>All swimmers and parents remove outdoor footwear before entering the changing rooms / pool hall.</p> <p>Flip Flops may be worn and are encouraged.</p> <p>Users are to enter the poolside by following the directional signage.</p> <p>Additional signage is displayed for stage positions in the pool and drop off points.</p>			
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				<p>Parents/carers are encouraged to sanitise hands when entering/exiting the pool hall.</p> <p>Pool Capacity and Teaching Ratios</p> <p>The scheme will operate for 4-year old's and older.</p> <p>Capacity of each stage is reduced in line with Swim England guidance.</p> <p>Stage 1 – maximum of 6 swimmers.</p> <p>Stage 2 – Maximum of 7 swimmers.</p> <p>Stage 3 to 8 – Maximum of 8 swimmers.</p> <p>Stages 9 & 10 – Maximum of 8 swimmers.</p> <p>Equipment</p> <p>Swimming Instructors are encouraged to undertake a LFT twice per week.</p> <p>The pool will be set up prior to the Learn to Swim session taking place.</p> <p>Swimming teachers to place teaching equipment at their allocated area before the sessions begin.</p>			
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				<p>Teaching equipment should be submerged for a minimum of 30 seconds in the pool water after every session.</p> <p>No equipment will be shared or borrowed.</p> <p>Teachers</p> <p>All teachers undertake specific Covid-19 training prior to being allowed to teach.</p> <p>All teachers encouraged to take a LFD test twice a week.</p> <p>All teachers trained in specific Covid-19 NGB guidance from IOS and Swim England.</p> <p>Teachers wash / sanitise hands before and after sessions.</p> <p>All teaching is as per Swim England guidance.</p>			
6.22.25	Exercise on Referral						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Public Health approval agreed prior to commencing the scheme.</p> <p>Risk Assessment approved by Public Health due to the nature of health conditions of participants and health assessments required to be undertaken.</p>			Low

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	<p>Spread of virus as a result of touching contaminated touch points/shared items</p>			<p>Before returning to the facility each participant will receive a screening call to highlight how much activity they have been doing and any changes in the circumstances (i.e. medical conditions)</p> <p>All Exercise Referral participants will complete an updated PARQ to highlight any changes or additional medical conditions.</p> <p>Any changes in medical conditions that may impact the participants ability to exercise safely will be fed back to their GP to seek guidance.</p> <p>Exercise Referral participants will be provided with an exercise programme based on their medical conditions by a Level 3 Exercise Referral qualified member of Team members.</p> <p>A level 3 Exercise referral qualified member of Team members will be present for all sessions.</p> <p>Instructors are encouraged to undertake a LFT twice a week.</p> <p>Emergency alarms located where Exercise Referral sessions are taking place in case of emergency.</p> <p>Where feasible, Customers are required to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p>			
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				<p>Exercise on Referral may pay for their session in cash at time of arrival.</p> <p>Customers over the age of 16 are required to register their visit by scanning the NHS QR code.</p> <p>Contact details of all participants are held on Gladstone as a registered user.</p> <p>Access to buildings and activity areas is in line with above risk assessment and revised NOP.</p> <p>Where possible, windows are opened in assessment rooms to provide fresh air (where this does not compromise air handling).</p> <p>Hand sanitiser should be available the assessment room,</p> <p>Assessor and participant are both required to wear face coverings and to wash/sanitise their hands before and after the assessment.</p> <p>Assessments offered virtually or completed over the phone where possible.</p> <p>Tablets used for data collection will be cleaned and sanitised before and after use.</p> <p>Where assessment measures include contact with equipment (i.e. blood pressure, weight),</p>			
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				<p>measurement tools will be sanitised before and after use.</p> <p>Equipment that cannot be sanitised should not be used.</p>			
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6.22.25	Spectators						
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	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>All spectators over the age of 16 years old are required to check in via the displayed NHS QR code.</p> <p>Where spectators over the age of 16 are unable to use the QR code, details should be provided to allow visit to be recorded on the visitors register.</p> <p>Contact details will be also be via the child's details on booking systems</p> <p>Club spectating is in line with NGB guidance and approval of club risk assessment.</p> <p>Spectators are required to wear a face covering at all times, apart from those who are exempt and where spectators are seated with food or drink.</p>			
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6.22.26	School Swimming Lessons						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>School 'bubble' provision can be replicated in a swimming lesson environment and has been shared for replication.</p> <p>School covid officer identified, and site visit completed.</p> <p>Face coverings to be worn by school Team members and pupils in year 7 and over when in a public space, including changing areas.</p> <p>Face coverings to be worn by school Team members on poolside.</p> <p>Schools provided with operating instructions and expectations prior to first visit.</p> <p>Hands to be sanitised upon entry to the facility.</p> <p>Drop off and pick up controlled by School Team members.</p> <p>Facility Team members have access to the school's emergency contact details in the case of an emergency.</p> <p>Allocated changing areas, utilising group changing areas where possible.</p> <p>No public swimming available where communal changing villages are used by schools.</p>			Low

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				<p>Access to changing areas restricted to 10 mins pre lesson and 15 minutes post lesson.</p> <p>Changing areas to be disinfected prior to use and in between sessions.</p> <p>Schools to have sole use of swimming pool during initial return period.</p> <p>Swimming Instructors complete signing in form stating that they are symptom free.</p> <p>Instructors encouraged to take two LFT per week.</p> <p>Swimming Instructor to wash/sanitise hands before and after sessions.</p> <p>Swimming Instructor to wash/sanitise equipment before and after sessions.</p> <p>Active Northumberland Team members to administer First Aid as per RLSS guidance during the COVID-19 Pandemic.</p> <p>Pupils unable to continue in sessions will leave their lesson. School Team members will take them to get changed and wait for the rest of the class to leave the building.</p> <p>Where possible anti wave lanes ropes will be used to divide areas of the pool.</p>			
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				<p>Where this is not possible areas will be clearly identified using standard ropes.</p> <p>Each class / bubble will be allocated an area for the lesson to take place.</p> <p>This will be based on the standard of the children.</p> <p>Minimum 15-minute change over time between schools.</p> <p>New cleaning regime introduced to clean and sanitise changing rooms and touch point areas.</p> <p>Maximum of 1 member of school Team members per class.</p> <p>Additional Team members considered where school risk assessment dictates.</p> <p>A maximum of 3 school Team members allowed on poolside during the lesson.</p> <p>All sessions delivered from poolside</p> <p>Swimmers encouraged to take a quick pre swim shower.</p> <p>A quick rinse post swim is acceptable as long the is does not exceed the overall 15-minute changing time.</p> <p>Children with any skin conditions who may need a thorough shower</p>			
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				<p>will have to leave the lesson early to shower. So not exceed the 15-minute changing time</p> <p>Swimming Instructors will have an allocated set of equipment to use throughout the duration of the lesson</p> <p>Equipment should be cleaned before and after use.</p> <p>Equipment is submerged for 30 seconds in adequately disinfected pool water before and after use.</p> <p>Equipment that cannot be sanitised in the pool is appropriately cleaned between lessons.</p> <p>This includes high traffic areas such as handrails.</p> <p>Swimming Instructors deliver the climb out over the side exit rather than using the steps where possible to reduce the amount of contact.</p> <p>Swimming Instructors will have access to equipment to disinfect their area</p> <p>Pupils are allocated equipment for their use during the lesson and avoid handling other people's.</p> <p>No equipment is shared.</p>			

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6.22.27	Outdoor Group Exercise						
	<p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines.</p> <p>Spread of virus due to insufficient cleaning and hygiene arrangements.</p> <p>Spread of virus as a result of touching contaminated touch points/shared items</p>	<p>Exposure to live virus resulting in contracting Coronavirus.</p> <p>Exacerbation of existing medical conditions.</p>	High	<p>Customers are required to prebook and pay for their activity in advance.</p> <p>Bookings may be made either online, via the app, or by phone.</p> <p>Customers over the age of 16 are required to register their visit by scanning the NHS QR code.</p> <p>Contact details of all participants are held on Gladstone as a registered user.</p> <p>Instructors are encouraged to take an LFD test twice a week</p> <p>Appropriate area identified in which to deliver class and same area used for each session.</p> <p>Area sectioned off to prevent any vehicular movement.</p> <p>Area is checked by the instructor prior to each class commencing and any debris removed.</p> <p>Class not to take place where surface is damaged, or risk of injury is identified.</p> <p>Any uneven surfaces will be highlighted to the participants.</p> <p>Correct usage and demonstrations will be given at the start and throughout the class.</p>	<p>Risk Assessment to be shared with Instructors.</p> <p>Instructors to check safety prior to each class</p>	<p>GB – ongoing.</p> <p>Instructors – ongoing.</p>	Low

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				<p>Clients advised on the day and in pre-communication on appropriate footwear.</p> <p>Equipment is kept to a minimum.</p> <p>Any Equipment that is required is sanitised prior to the class commencing and cleaning materials made available to the participants so they can clean after use.</p> <p>Instructor advises all participants not to share any equipment.</p> <p>Instructor provides full demonstration of routines and safe use of equipment.</p> <p>The instructor assesses the possibility of heat/cold exposure and advise the clients accordingly.</p> <p>Instructor advises on hydration at the start of each class and encourages clients to rehydrate throughout the class.</p> <p>Hand sanitiser is available for participants.</p> <p>Personal towels and Exercise mats permitted but customers always advised to keep them in their possession.</p> <p>Customers encouraged to change and shower at home.</p> <p>Instructor to carry a radio at all times and sanitised after use.</p>			
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				All abusive/anti-social behaviours reported to the On-Site Duty Manager immediately.			
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Risk Assessment Review – Safe Operation of Activities During COVID-19 Pandemic.		
Reason for review: Government Control Measures for COVID-19 Pandemic 2021	Approved by: Director of Operations Signature: <i>P A Metcalfe</i>	Review Date: Ongoing
<u>Changes from Last Review</u> Introduction of Government Plan B in relation to Omicron variant.		